Reverse Advent Calendar 2026

Shopping list

Thank you for giving H.O.P.E.



1. Breakfast cereal
2. Fruit juice
3. Evaporated milk
4. Instant coffee
5. Jam or honey
6. Dry pasta
7. Mashed potatoes
8. Noodles
9. Couscous
10. Rice
11. Soup tins or packets
12. Tinned beans
13. Tinned vegetables
14. Tinned meat
15. Tinned fish
16. Biscuits or snack bars
17. Stock cubes
18. Pesto or sauces
19. Tomato paste
20. Passata
21. Tinned tomatoes
22. Crackers
23. Instant custard
24. Jelly

Follow the days, or give in any order.

Please do not donate expired food, fresh or frozen food, or catering-size packs.
If an item has a short date, mark it with a sticky note so we can prioritise it.

Supported by izola Bank

Foodbank Lifeline Foundation

Helping other people eat.

foodbanklifeline.com/rac

VO/1654 • Foundation Registration Number LPF-303

Supported by The Alfred Mizzi Foundation